

# 14.Aasee-Triathlon Bocholt

am 19.08.2001

## Ergebnisse Männer: Volkstriathlon

Platz	Nr.	Name, Vorname	Verein/*Ort	Platz	AK	Endzeit	SWIM	BIKE	RUN
1	1194	Seidel, Ronny	Freie Schwimmer D`dorf	1	HK	00:51:06	00:09:24	00:31:12	00:10:30
2	1195	Seidel, Stephan	Freie Schwimmer D`dorf	2	HK	00:51:06	00:09:31	00:31:05	00:10:30
3	1226	Wienand, Ralf	SuS Stadtlohn	3	HK	00:52:11	00:08:25	00:31:48	00:11:58
4	1172	Radusch, Hans-Uwe	TUS Xanten	1	40	00:53:03	00:08:56	00:32:55	00:11:12
5	1154	Nagel, Michael	SC Bayer 05 Uerdingen	4	HK	00:54:01	00:11:42	00:30:49	00:11:29
6	1092	Holper, Harald	Düsseldorf	5	HK	00:54:08	00:10:12	00:32:16	00:11:39
7	1141	Kursawe, Thomas	Wesel	6	HK	00:54:49	00:09:06	00:33:31	00:12:12
8	1174	Rennefeld, Marc	TG Neuss	7	HK	00:54:57	00:08:51	00:33:39	00:12:26
9	1182	Sadkowski, Manfred	Geldern	2	40	00:55:24	00:08:56	00:34:08	00:12:19
10	1053	Duking, Frank	Atletico - 73	1	50	00:55:30	00:10:38	00:33:27	00:11:24
11	1028	Braun, Wolfgang	Krefeld	3	40	00:55:44	00:09:43	00:33:19	00:12:42
12	1017	Bibow, Tim	SuS Stadtlohn	1	Jug	00:55:58	00:09:37	00:33:56	00:12:24
13	1050	Dobrovsky, Erwin	Duisburg	4	40	00:56:06	00:09:52	00:33:41	00:12:33
14	1202	Supè, Harald	Bochum	5	40	00:56:30	00:10:44	00:33:12	00:12:32
15	1037	Büning, Daniel	MTV Meppen	2	Jug	00:56:33	00:10:07	00:32:01	00:14:25
16	1057	Elsinghorst, Norbert	DJK Barlo	8	HK	00:56:34	00:13:32	00:31:47	00:11:15
17	1052	Dresel, Volker	TSG Tri-Team-Sprockhövel	6	40	00:56:44	00:10:04	00:33:59	00:12:39
18	1131	Kraus, Kai	SV Gladbeck 13	3	Jug	00:56:48	00:07:43	00:36:26	00:12:38
19	1148	Melzig, Frank	SC Bayer 05 Uerdingen	9	HK	00:56:55	00:09:30	00:35:04	00:12:20
20	1179	Rottstegge, Thomas	SV Biemenhorst	10	HK	00:57:00	00:11:15	00:34:05	00:11:40
21	1192	Schulte-Lünzum, Jörg	Münster	11	HK	00:57:22	00:09:07	00:35:40	00:12:34
22	1232	Wolf, Guido	TK Grevenbroich	12	HK	00:57:22	00:11:11	00:33:24	00:12:46
23	1114	Jovanovic, Mario	SV Blau-Weiß Recklinghaus	13	HK	00:57:22	00:08:59	00:36:15	00:12:07
24	1227	Wieschemann, Armin	Sterkrade Nord	14	HK	00:57:29	00:09:50	00:32:41	00:14:58
25	1181	Rütz, Peter	Triangel Kempen	7	40	00:57:31	00:08:41	00:34:55	00:13:53
26	1160	Niklass, Kai	Oberhausen	4	Jug	00:57:39	00:10:32	00:34:00	00:13:05
27	1216	van der Ploeg, Arnold	Leichlingen	15	HK	00:57:50	00:10:46	00:33:52	00:13:11
28	1175	Rieger, Klaus	TRI Ducks Dorsten	8	40	00:58:07	00:11:02	00:33:41	00:13:23
29	1168	Peukert, Rajko	Bocholt	16	HK	00:58:17	00:09:22	00:35:25	00:13:29
30	1094	Hommann, Martin	TV-Sangerhausen	5	Jug	00:58:27	00:11:30	00:34:37	00:12:19
31	1215	van der Heiden, Michael	Hamminkeln	17	HK	00:58:30	00:10:42	00:33:34	00:14:14
32	1117	Kaiser, Georg	VT Triangel Kempen	2	50	00:58:41	00:10:59	00:34:19	00:13:22
32	1099	Höyng, Bernd	Rhede	18	HK	00:58:41	00:11:14	00:34:15	00:13:11
34	1029	Breitenbruch, Georg	Mülheim an der Ruhr	19	HK	00:59:03	00:09:19	00:36:21	00:13:22
35	1145	Majert, Wolfgang	Hamminkelner SV	9	40	00:59:18	00:12:27	00:33:47	00:13:04
36	1124	Kogge, Thomas	Tri-Finish-Münster	20	HK	00:59:19	00:09:50	00:35:27	00:14:01
37	1040	Cordes, Rainer	LC Olympia Wiesbaden	21	HK	00:59:25	00:10:14	00:37:03	00:12:07
38	1107	Iserloh, Dirk	TuS Dreenack	10	40	00:59:31	00:11:59	00:36:11	00:11:21
39	1129	Koopmann, Volker	ASV Duisburg	3	50	00:59:37	00:11:28	00:34:10	00:13:58
40	1151	Morhenn, Stephan	Roadrunner Team Krefeld	22	HK	00:59:39	00:11:00	00:35:17	00:13:21
41	1214	van den Beek, Marius	TV Goch	1	Sch	00:59:42	00:10:32	00:33:48	00:15:22
42	1147	Mayer, Andreas	Brander SV	2	Sch	00:59:42	00:11:22	00:36:20	00:12:00
43	1064	Fritz, Joachim	TSV-Hochdahl 64 e.V.	11	40	01:00:25	00:12:42	00:35:39	00:12:03
44	1225	Wichard, Klaus-Peter	Remscheid	12	40	01:00:27	00:09:37	00:36:25	00:14:24
45	1022	Bomholt, Georg	ASV-Duisburg	23	HK	01:00:32	00:11:26	00:36:14	00:12:51
46	1558	Eidam, Dietmar	ASG Unterrath	24	HK	01:00:32	00:11:40	00:36:32	00:12:20
47	1063	Frieling, Martin	RV-Havixbeck	25	HK	01:00:38	00:10:10	00:35:26	00:15:00
48	1235	Zimmermann, Achim	LC Borken	26	HK	01:01:04	00:11:35	00:36:56	00:12:31
49	1197	Spogahn, Hans Michael	46395 Bocholt	13	40	01:01:10	00:13:16	00:35:00	00:12:53
50	1058	Elze, Michael	TV Louisendorf	27	HK	01:01:16	00:11:59	00:35:51	00:13:24
51	1097	Hoven, Alfons	Wegberg	14	40	01:01:31	00:10:20	00:36:02	00:15:09
52	1237	Zitlau, Rainer	TEAM Bocholt	15	40	01:01:38	00:13:09	00:35:10	00:13:18
53	1032	Breuer, Markus	Bocholter Wassersportvere	6	Jug	01:01:41	00:15:05	00:35:04	00:11:31
54	1008	Bauer, Christian	Hamburg	28	HK	01:02:00	00:10:25	00:38:51	00:12:43
55	1170	Pollmann, Andre	Hamminkelner SV	29	HK	01:02:01	00:12:54	00:35:54	00:13:13
56	1158	Neuhaus, Markus	Ratingen	30	HK	01:02:03	00:11:51	00:36:42	00:13:30
57	1100	Hübers, Konrad	SV Werth	16	40	01:02:07	00:14:04	00:35:21	00:12:41
58	1132	Krepf, Peter	TSV Hochdahl	4	50	01:02:14	00:10:09	00:38:51	00:13:13
59	1136	Krüßmann, Jörg	SV Hamminkeln	31	HK	01:02:16	00:11:53	00:36:35	00:13:47
60	1068	Geuting, Thomas	TuB Bocholt	32	HK	01:02:17	00:12:30	00:35:59	00:13:47
61	1221	Wenzel, Martin	TV Goch	7	Jug	01:02:23	00:10:58	00:39:49	00:11:35
62	1153	Mutschler, Markus	Aalten	33	HK	01:02:25	00:11:17	00:37:20	00:13:48
63	1002	Altieri, Frank	Gelsenkirchen	17	40	01:02:29	00:12:52	00:35:51	00:13:45
64	1004	Baettgen, Achim	SV Bedburdyck	34	HK	01:02:33	00:13:13	00:36:53	00:12:26
65	1104	Hüttermann, Stephan	Rhede	35	HK	01:02:35	00:11:30	00:37:29	00:13:35
66	1193	Schwieters, Michael	Gladbeck	36	HK	01:02:45	00:00:00	00:00:00	00:00:00
67	1030	Breuer, Christian	Bocholter Wassersportvere	8	Jug	01:02:48	00:13:27	00:36:05	00:13:15
68	1230	Wittag, Gregor	Bocholter Wassersportvere	37	HK	01:02:49	00:14:18	00:36:20	00:12:10
69	1005	Bahner, Matthias	Augustfehn	38	HK	01:02:50	00:11:54	00:36:28	00:14:26
70	1207	Tepasse, Andreas	Krefeld	18	40	01:02:53	00:12:46	00:36:17	00:13:48
71	1116	Kadelka, Tobias	VfL Hüls	9	Jug	01:02:54	00:12:07	00:37:54	00:12:52
72	1211	Uhlenbrock, Matthias	1.SFV Bocholt	39	HK	01:02:57	00:11:10	00:38:08	00:13:38
73	1171	Prietz, Christian	Zombie	40	HK	01:03:03	00:12:32	00:36:59	00:13:31
74	1198	Stehl, Rainer D.	Wuppertal	41	HK	01:03:06	00:11:55	00:36:45	00:14:25
75	1078	Hanrath, Hans-Georg	Krefeld	19	40	01:03:22	00:11:46	00:36:41	00:14:54
76	1238	Zitlau, Ronald	TEAM Bocholt	42	HK	01:03:24	00:12:22	00:35:41	00:15:21
77	1081	Hauser, Achim	Nordhorn	43	HK	01:03:36	00:12:36	00:36:22	00:14:37

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78	1025	Böwing, Stefan	DJK Lowick	44	HK	01:03:39	00:12:03	00:37:09	00:14:27
79	1098	Hoven, Werner	Bocholt	45	HK	01:03:44	00:11:44	00:37:28	00:14:31
80	1236	Zindler, Markus	Düsseldorf	46	HK	01:03:46	00:12:36	00:37:32	00:13:37
81	1046	Devers, Richard	Hammerkeller SV	47	HK	01:03:50	00:10:32	00:38:00	00:15:17
82	1001	Akyel, Turgut	Bayer Uerdingen 05	20	40	01:03:53	00:11:54	00:37:49	00:14:09
83	1108	Jaffke, Michael	Münster	21	40	01:04:16	00:12:31	00:36:53	00:14:51
84	1013	Becking, Dieter	Sportfreunde 15 Bocholt	22	40	01:04:19	00:12:34	00:36:25	00:15:20
85	1044	Deppe, Ralf	Bocholter Wassersportvere	48	HK	01:04:21	00:12:49	00:37:02	00:14:28
86	1051	Dohrmann, Jörg	Dortmund	5	50	01:04:36	00:11:44	00:37:21	00:15:30
87	1003	Awater, Alfons	SV Hamminkeln	49	HK	01:04:40	00:13:02	00:39:08	00:12:29
88	1009	Bauhaus, Reinhard	Hammerkeller SV	23	40	01:04:42	00:12:54	00:39:09	00:12:38
89	1127	Kollenberg, Frank	Oberhausen	50	HK	01:04:44	00:12:32	00:38:58	00:13:13
90	1062	Freundlieb, Jörn	Gladbeck	51	HK	01:04:49	00:10:48	00:40:03	00:13:58
91	1090	Hirschmann, Alfred	Kevelaer	52	HK	01:05:01	00:13:56	00:38:05	00:12:59
92	1162	Nitschke, Harry	1. Sport u. Fitnessverein	24	40	01:05:03	00:12:45	00:38:28	00:13:49
93	1088	Hilgenpahl, Roland	Kleve	25	40	01:05:09	00:11:18	00:39:42	00:14:08
94	1118	Kaiser, Robert	Herne	53	HK	01:05:21	00:11:58	00:39:06	00:14:16
95	1166	Pascher, Michael	Bocholt	26	40	01:05:21	00:12:47	00:38:53	00:13:41
96	1137	Kübber, Hermann	privat	27	40	01:05:38	00:12:44	00:38:17	00:14:36
97	1031	Breuer, Josef	Bocholter Wassersportvere	28	40	01:05:47	00:12:41	00:36:34	00:16:31
98	1047	Dickmann, Volker	LG Hünxe/Tus Drevenack	54	HK	01:05:51	00:12:38	00:38:44	00:14:28
99	1034	Brückner, Erwin	Heiden	55	HK	01:05:55	00:12:35	00:40:00	00:13:19
100	1200	Stockbrink, Heinz	Laufteam Gescher	29	40	01:05:56	00:12:37	00:39:24	00:13:54
101	1103	Hülsmann, Matthias	Tri-Ducks-Dorsten	56	HK	01:06:01	00:11:09	00:37:37	00:17:14
102	1130	Kötzsch, Udo	Scholven	30	40	01:06:04	00:14:40	00:37:27	00:13:57
103	1082	Hehmann, Bernhard	TC Köln-Jena	31	40	01:06:04	00:13:11	00:37:10	00:15:42
104	1217	Vlasak, Christian	Hünxe	10	Jug	01:06:19	00:14:09	00:38:24	00:13:45
105	1176	Ritter, Eberhard	XQS-e.V.	32	40	01:06:29	00:12:03	00:39:06	00:15:19
106	1074	Gronski-Schaefer, Uwe	Laufende Geo-Meter	57	HK	01:06:39	00:12:47	00:39:11	00:14:39
107	1240	Hunhoff, Peter	Barmer Ersatzkasse	58	HK	01:06:56	00:12:18	00:38:59	00:15:38
108	1205	Telges, Burkhard	TC Maritim Borken	33	40	01:07:11	00:11:29	00:37:28	00:18:13
109	1188	Schnell, Achim	TGS Friesen Haspe e.V.	59	HK	01:07:14	00:12:46	00:39:46	00:14:41
110	1020	Böing-Messing, Heiner	Bocholt	6	50	01:07:27	00:11:50	00:38:03	00:17:33
111	1075	Hagenkötter, Rainer	Wesel	34	40	01:07:33	00:12:31	00:40:53	00:14:08
112	1021	Bolte, Stephan	TSG Friesen Haspe	60	HK	01:07:35	00:12:23	00:40:32	00:14:39
113	1019	Blank, Steffen	TSG Friesen Haspe	61	HK	01:08:00	00:13:05	00:38:49	00:16:05
114	1115	Jungen, Jürgen	Oberhausen	35	40	01:08:03	00:14:07	00:39:31	00:14:24
115	1089	Hilger, Karl-Josef	Münster	62	HK	01:08:06	00:14:33	00:38:58	00:14:34
116	1049	Dobberke, Heiko	Dülmen	63	HK	01:08:06	00:12:43	00:40:12	00:15:11
117	1119	Karp, Frank	Essen	64	HK	01:08:13	00:12:17	00:41:03	00:14:52
118	1140	Kurm, Frank	Wuppertal	65	HK	01:08:28	00:12:01	00:39:23	00:17:03
119	1069	Glatz, Andreas	1.SFV Bocholt	66	HK	01:08:46	00:13:53	00:40:48	00:14:04
120	1106	Ingenerf, Klaus	Laufende Geo-Meter	67	HK	01:09:08	00:12:54	00:39:36	00:16:36
121	1083	Helten, Robert	Sportfreunde 15 Bocholt e	36	40	01:09:22	00:13:03	00:39:35	00:16:43
122	1152	Müller, Hans	ASV Duisburg	7	50	01:09:27	00:13:46	00:39:27	00:16:13
123	1157	Neugebauer, Paul	SV Benhausen	37	40	01:09:30	00:14:03	00:40:51	00:14:35
124	1180	Rudolf, Franz	DJK Coesfeld	8	50	01:09:47	00:12:14	00:42:38	00:14:53
125	1219	Vygen, Klaus	TV Jahn Hiesfeld	9	50	01:09:58	00:14:49	00:40:00	00:15:08
126	1189	Schoon, Wolfgang	Münster	68	HK	01:10:05	00:10:08	00:43:12	00:16:43
127	1060	Ettelt, Stefan	Starlight Team Essen	11	Jug	01:10:06	00:08:49	00:34:14	00:27:02
128	1199	Steinert, Harry	Duisburg	38	40	01:10:33	00:10:46	00:43:36	00:16:11
129	1112	Jonischkeit, Günter	Moers	39	40	01:10:34	00:11:47	00:43:56	00:14:49
130	1084	Hermuth, Heinz-Jürgen	Herne	40	40	01:10:37	00:13:17	00:42:07	00:15:12
131	1018	Bitschnau, Dr. Harald	Bonn	69	HK	01:10:44	00:14:26	00:41:09	00:15:08
132	1139	Kümmel, Rüdiger	Polizei Gladbeck	41	40	01:10:47	00:15:24	00:38:53	00:16:29
133	1093	Holtappels, Jochen	Marathon Dinslaken	10	50	01:10:59	00:15:16	00:42:04	00:13:38
134	1048	Diekriede, Burkhard	TC Köln-Jena	70	HK	01:11:03	00:13:26	00:43:22	00:14:13
135	1027	Braun, Günter	Lübbecke	71	HK	01:11:44	00:12:34	00:40:21	00:18:48
136	1080	Haske, Thomas	Hünxe	42	40	01:11:54	00:14:26	00:41:23	00:16:04
137	1190	Schüller, Daniel	1.SFV Bocholt	72	HK	01:11:58	00:16:03	00:41:26	00:14:28
138	1122	Klupsch, Volker	TSG Friesen Haspe e.V.	73	HK	01:12:00	00:14:15	00:42:21	00:15:23
139	1007	Barg, Peter	Schwarze Bohne	43	40	01:12:21	00:16:22	00:43:46	00:12:12
140	1096	Hopermann, Udo	Hammerkeller SV	11	50	01:12:34	00:19:41	00:37:42	00:15:11
141	1213	Urban, Michael	Köln	74	HK	01:12:45	00:15:09	00:40:23	00:17:12
142	1204	Taheri, Michael	Bocholt	12	Jug	01:12:53	00:13:23	00:45:03	00:14:27
143	1059	Ettelt, Hermann	TLV Germania Überruhr	12	50	01:13:03	00:12:00	00:34:43	00:26:19
144	1196	Sentek, Ronald	Heiden	44	40	01:13:13	00:14:24	00:41:04	00:17:44
145	1109	Jaroschek, Julius	TC Köln-Jena	13	Jug	01:13:14	00:13:19	00:42:43	00:17:12
146	1222	Werlich, Helmut	THW Krefeld	45	40	01:13:23	00:14:12	00:42:33	00:16:38
147	1056	Elsebrock, Hans	Bocholt	46	40	01:13:27	00:15:47	00:42:27	00:15:13
148	1085	Hilberath, Peer	TV Goch	13	50	01:13:48	00:13:55	00:41:48	00:18:05
149	1042	Demming, Michael	SV Burlo	47	40	01:14:07	00:16:28	00:39:33	00:18:05
150	1071	Gottschlich, Volker	Krefeld	48	40	01:14:46	00:15:10	00:44:38	00:14:57
151	1087	Hilgenpahl, Horst	Dinslaken	14	50	01:16:32	00:18:35	00:43:22	00:14:34
152	1041	Delsing, Manfred	Bocholter Wassersportvere	15	50	01:17:12	00:15:39	00:43:59	00:17:32
153	1184	Schilling, Wolfgang	HSG Ascheberg/Drensteinfu	75	HK	01:18:56	00:12:05	00:52:37	00:14:13
154	1038	Chmieleck, Wolf-Dietrich	PV Triathlon Witten	16	50	01:19:13	00:15:13	00:45:02	00:18:57
155		CE64988,				01:20:16	00:00:00	00:00:00	00:16:12
156	1113	Joosten, Mario	BWV	14	Jug	01:23:38	00:14:53	00:47:55	00:20:49
157	1111	Jaroschek, Ulrich	TC Köln-Jena	49	40	01:24:08	00:13:41	00:48:19	00:22:07

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## Ergebnisse Frauen: Volkstriathlon

Platz	Nr.	Name, Vorname	Verein/*Ort	Platz	AK	Endzeit	SWIM	BIKE	RUN
1	1218	Vörös, Melanie	Tri Team Dissen	1	HK	00:56:24	00:00:00	00:00:00	00:12:08
2	1220	Wellmanns, Birgit	TV Goch	2	HK	00:57:01	00:09:15	00:35:03	00:12:43
3	1169	Poggi, Jennifer	1.Tri-Club Paderborn	3	HK	00:57:36	00:08:12	00:35:50	00:13:33
4	1006	Bang, Anna	M-Team	4	HK	00:57:49	00:08:52	00:36:33	00:12:23
5	1203	Supè, Irmgard	Bochum	1	40	00:57:52	00:10:34	00:35:20	00:11:57
6	1012	Becker, Elllen	Tri-Team Warendorf	2	40	00:57:59	00:08:49	00:35:15	00:13:54
7	1146	May, Stephanie	SV Gladbeck 13	1	Sch	01:01:19	00:09:41	00:36:16	00:15:20
8	1143	Loick, Kerstin	Borken	5	HK	01:01:32	00:11:26	00:36:49	00:13:16
9	1065	Garbers, Nicole	LC Hansa Stuhr	1	Jug	01:01:59	00:12:08	00:35:41	00:14:09
10	1156	Neubauer, Judith	LC Hansa Stuhr	2	Jug	01:02:11	00:13:07	00:35:38	00:13:26
11	1233	Wolfgarten, Christina	SG Radschläger	3	Jug	01:02:34	00:10:15	00:38:29	00:13:50
12	1185	Schlatt, Claudia	TuB Bocholt	6	HK	01:02:35	00:10:51	00:38:02	00:13:41
13	1126	Kokozinski, Susanne	Mülheim	7	HK	01:02:50	00:11:41	00:37:15	00:13:53
14	1073	Grauthoff, Susanne	DJK Coesfeld	8	HK	01:03:02	00:11:08	00:37:34	00:14:19
15	1239	Greven, Mechtild	TV Borken	1	50	01:03:17	00:12:43	00:36:58	00:13:35
16	1159	Neuhof, Silke	PV Triathlon Witten	9	HK	01:03:24	00:13:14	00:35:34	00:14:34
17	1036	Buchmann, Mirjam	Hamminkelner SV	10	HK	01:04:24	00:11:40	00:36:56	00:15:48
18	1138	Kuhlmann, Annemarie	DJK Coesfeld	11	HK	01:04:30	00:11:38	00:37:04	00:15:47
19	1101	Hüllstrung, Annegret	TV Bocholt	3	40	01:04:50	00:11:57	00:37:48	00:15:03
20	1178	Rosser, Jessica	Siegburg	12	HK	01:04:57	00:10:49	00:37:33	00:16:34
21	1191	Schulte, Carmen	SG Hasselt	13	HK	01:05:07	00:11:55	00:38:54	00:14:17
22	1086	Hilgenpahl, Eva-Maria	Kleve	4	Jug	01:05:09	00:12:32	00:37:37	00:14:59
23	1142	Leifer, Simone	TRC Essen	14	HK	01:06:01	00:09:05	00:39:43	00:17:12
24	1024	Boßmann, Hedwig	SV Hamminkeln	4	40	01:06:25	00:13:51	00:37:00	00:15:33
25	1149	Mittelstaedt, Sabine	RTC Frechen	15	HK	01:07:39	00:11:40	00:40:00	00:15:58
26	1144	Lörks, Ina	TV Goch	16	HK	01:07:58	00:12:10	00:40:33	00:15:15
27	1128	König, Saskia	SSV Offenburg	17	HK	01:08:04	00:13:00	00:37:57	00:17:07
28	1165	Papenkort, Christa	Münster	5	40	01:08:06	00:11:32	00:42:00	00:14:33
29	1011	Becher-Lemaire, Elisabeth	PSV Lübig Bonn	2	50	01:08:09	00:12:40	00:39:25	00:16:04
30	1043	Deppe, Anke	Bocholter Wassersportvere	18	HK	01:08:43	00:14:10	00:39:04	00:15:28
31	1164	Palazzo, Nadja	Duisburg	19	HK	01:08:52	00:13:50	00:39:57	00:15:04
32	1061	Flinterhoff, Simona	TV Goch	20	HK	01:09:34	00:13:27	00:39:47	00:16:20
33	1091	Holey, Heidi	TG 81 Düsseldorf	3	50	01:09:43	00:13:45	00:41:32	00:14:25
34	1125	Köhling, Christiane	DJK Dülmen Tri Team	21	HK	01:09:44	00:09:36	00:40:10	00:19:57
35	1212	Ulbig, Meike	Warendorf	22	HK	01:10:14	00:13:21	00:40:32	00:16:20
36	1173	Reimann, Sylke	TC Köln-Jena	23	HK	01:10:38	00:12:00	00:43:04	00:15:34
37	1135	Krüßmann, Bärbel	SV Hamminkeln	24	HK	01:11:07	00:14:20	00:41:34	00:15:12
38	1234	Zägel, Yvonne	Gladbeck	25	HK	01:11:25	00:11:36	00:42:23	00:17:25
39	1201	Stöhler, Christiane	Bocholt	26	HK	01:11:46	00:14:13	00:40:50	00:16:43
40	1095	Hopermann, Andrea	Hamminkelner SV	6	40	01:12:08	00:14:47	00:41:52	00:15:28
41	1054	Eckertz, Corinna	SV Blau-Weiß Recklinghaus	27	HK	01:15:58	00:12:26	00:44:09	00:19:22
42	1102	Hülsing, Silke	Dülmen	28	HK	01:17:07	00:14:11	00:45:24	00:17:31
43	1120	Kisin, Songul	Duisburg	29	HK	01:17:40	00:15:46	00:46:39	00:15:14
44	1105	Huven, Marlene	DLRG-Laufgruppe	7	40	01:18:10	00:17:19	00:42:37	00:18:14
45	1210	Uhlenbrock, Christina	1.SFV Bocholt	2	Sch	01:18:36	00:12:29	00:47:35	00:18:31
46	1110	Jaroschek, Rosemarie	TC Köln-Jena	8	40	01:19:03	00:15:00	00:47:19	00:16:44
47	1121	Klupsch, Angela	TSG Friesen Haspe	30	HK	01:20:19	00:13:49	00:48:56	00:17:33
48	1055	Eger, Kristina	Düsseldorf	31	HK	01:23:37	00:14:30	00:50:39	00:18:27
49	1123	Koch-Vaupel, Angela	Ratingen	9	40	01:23:37	00:14:30	00:50:39	00:18:27
50	1077	Hannig, Susanne	Rhede	32	HK	01:25:08	00:13:52	00:51:10	00:20:06